



## NORTH RENFREW LONG-TERM CARE SERVICES INC.

P.O. Box 1988 • 47 Ridge Road • Deep River, Ontario K0J 1P0 • Tel: 613-584-1900 • Fax: 613-584-9183  
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### PROGRAM & SERVICE INFORMATION

#### ■ Long Term Care Program

##### ■ 20 Long Term Care Beds

10 Basic (Private Room, Shared Washroom)

10 Preferred (Private Room, Private Washroom)

##### ■ 1 Respite/Short-Stay/Convalescent Bed (Provides relief for the caregivers; facilitates recuperation before returning to home environment. May be booked in advance or requested on an emergency basis.)

###### ■ Admission:

through Champlain Community Care Access Centre (613-732-7007).

###### ■ Cost:

Basic Bed resident co-payment \$53.23/day; \$1,619.08/month

Preferred Bed resident co-payment \$71.23/day; \$2,166.58/month

Respite Bed co-payment \$34.63/day

County and Provincial subsidies provide the remaining operating dollars

Residents in Basic Beds can apply for Provincial subsidy to a minimum \$34.53/day

###### ■ Current Waiting List: Total - 132 (Basic - 94; Preferred - 38)

#### ■ Supportive Care Apartment Program

##### ■ 10 Supportive Care Apartments

7 one-bedroom, 2 two-bedrooms, and 1 respite unit

###### ■ Admission:

through North Renfrew Long-Term Care Services Inc. (613-584-1900).

**Applicants must require 24 hour on-site personal support** and a minimum of two of the following support services provided to be considered for admission:

<24 hour emergency response <meal service <daily security checks <housekeeping assistance

<assistance with mobility and bathing <transportation <Elderly Services Worker <link with

Professional Health Services <Recreation/Social Activities <support for caregivers and families

###### ■ Cost:

One Bedroom Market Value - \$693.00/month

Two Bedroom Market Value - \$765.00/month

Tenants can apply for Provincial subsidy for rent-geared-to-income.

###### ■ Current Waiting List:

1 Bedroom - 73

2 Bedroom - 38 couples

## ■ Community Services

### ■ Supportive Housing Short Stay (Respite)

The service will provide overnight accommodation, supervision, meals and activities for adults who require 24 hour support and supervision for short periods of time and/or to provide respite for caregivers.

#### ■ Admission:

1 Bed - through North Renfrew Long-Term Care Services Inc. Applications through Champlain Community Care Access Centre whenever possible (613-732-7007) are encouraged.

- Cost: \$34.63 per day

### ■ Adult Day Service

Adult Day Service provides social/recreation activities for frail elderly including wellness, safety information and a nutritious meal. The service provides individual and group activities, and the opportunity to socialize. It is currently offered Monday, Tuesday, Thursday and Friday in Deep River.

#### ■ Access:

through Champlain Community Care Access Centre (613-732-7007).

- Cost: \$8.25/day (includes meal and transportation)

### ■ Meals-on-Wheels

Hot, nutritious dinners are delivered by volunteers Monday to Friday (evening meal) to seniors in the community.

#### ■ Access:

through North Renfrew Long-Term Care Services Inc. (613-584-1900 or 613-584-4316).

- Cost: \$5.25/day

### ■ Wheels-to-Meals/Diner's Club

Wheels-to-Meals luncheons are held monthly, usually on the third or fourth Wednesday of the month from 12:00 noon to 2:00 pm, in the Drop-In Centre in Deep River, and the second Wednesday of each month at Stonecliffe town hall. A hot lunch and entertainment are provided.

#### ■ Access:

call North Renfrew Long-Term Care Services Inc. (613-584-1900) for reservations.

## ■ **Wheels-to-Meals/Diner's Club(Cont'd)**

- **Cost:** \$7.25 (transportation available)

Diner's Club is currently offered 12:30 - 1:30 pm, Monday, Wednesday and Friday in the Dining Room.

- **Access:**  
call North Renfrew Long-Term Care Services Inc. Kitchen (613-584-1900) by 10:30 am for reservations.
- **Cost:** \$4.75
- **Transportation**

Transportation is provided by volunteer drivers for seniors and physically disabled adults in North Renfrew to medical appointments local and long distance, and for local shopping, appointments and social outings e.g. Drop-In Centre.

- **Access:**  
call North Renfrew Long-Term Care Services Inc. office (613-584-1900 or 613-584-4316), minimum notice 24 hours in advance.
- **Cost:** In-Town (Deep River) - No charge, Ottawa - \$140.00, Pembroke - \$38.50

## ■ **24-Hour Flexible In-Home Support**

24 hour support services are provided to community clients in their homes by Personal Support Workers, Paramedics, housekeepers, a maintenance worker and technology.

- **Admission:**  
Through North Renfrew Long-Term Care Services Inc. (613-584-1900). Clients in this Program are assessed and eligible for long-term care at North Renfrew Long Term Care Centre Inc. or The Four Seasons Lodge.

## ■ **Other Services Offered**

### ■ **Seniors' Drop-In Centre**

The Drop-In Centre strives to meet the social, cultural and recreational needs of independent community seniors. A Seniors Advisory Committee provides input for programs and activities. Activities change monthly - cards, games, crafts, speakers, exercises, movies, socializing. Pick up a monthly calendar at the Centre.

- **Access:**  
Open to all North Renfrew seniors. Transportation available (see above).
- **Cost:** Coffee or Tea - 50 cents, Juice - 60 cents

- The second Wednesday of the month is the Alzheimer Caregiver Support Group (call for further information 613-732-1159 Monday or Tuesday)
- The third Thursday of the month at 6:00 p.m. is Dr. Folz's Clinic - Optometrist (call for further information 613-584-1900)
- Every Friday, there are Casual Cards at 1:30 p.m.

### ■ **Additional Information**

- **Operated by** - North Renfrew Long-Term Care Services Inc. - incorporated March 21, 1994 – Non-Profit - Registered Charity
- **Funded by** - The Ministry of Health and Long-Term Care and the County of Renfrew
- **Building Opened** - for Tenant / Resident Admissions April 18, 1994

### ■ **Annual Operating Budget** - \$1.5 Million Approximately

#### ■ **Staff Positions**

- 21 Full-Time Staff
- 17 Part-Time Staff
- 34 Casual Staff

#### **Volunteers**

- 150 volunteers
- More volunteers always welcome and needed.

FOR MORE INFORMATION CALL 584-1900

WEB SITE: [www.nrltc.ca](http://www.nrltc.ca)

E-MAIL: [nrltc@nrltc.ca](mailto:nrltc@nrltc.ca)